

## Why Question

### Dialogue:

**A:** Do you exercise?

**B:** Yes, I have 30 minutes exercise everyday.

**A:** What kind of exercise do you do?

**B:** I do aerobics.

**A:** Why do we need to exercise?

**B:** We have to exercise to keep our body healthy. Exercise is good for our mental and physical health.



### Vocabularies:

**Exercise-** an activity to develop skills or maintain good and healthy body

**Aerobics-** an activity which is use to enhance physical

**Physical-** it is about the body

**Healthy-** good lunch

**Mental-** relating to mind or mind sickness

### Expressions:

Why do you do exercise?

- It makes us healthy.
- It is because it keeps our body healthy.

Why are you happy?

- I'm happy because I got the highest score in our test.

**Practice:**

**A:** Do you \_\_\_\_\_?

**B:** Yes, I have \_\_\_\_\_ minutes exercise everyday.

**A:** What kind of \_\_\_\_\_ do you do?

**B:** I \_\_\_\_\_ aerobics.

**A:** Why do we need to exercise?

**B:** We have to exercise to \_\_\_\_\_ our body \_\_\_\_\_. Exercise is good for our mental and \_\_\_\_\_ health.

**Exercise:**

1. Why do we have to study?
2. Why do you study English?
3. Why do we need friends?
4. Why should we obey our parents?
5. Why are parents often angry with us?